

MD AND RN ACCREDITATION AND CERTIFICATION

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LEARNING OBJECTIVES

After attending Aspen Ideas: Health, clinicians should be able to:

- Describe how technology is shaping health care in two principal domains: research (CRISPR, artificial intelligence) and patient autonomy (wearable diagnostics, telemedicine).
- Identify how the social determinants of health manifest in three arenas: socioeconomic (the impact of wealth and income disparities), ethics (to deliver care requires a common bond or mutual obligation), and mental health (how the social contract governs our perception of brain health).
- Review current research on aging that 1) examines how we can qualitatively improve our experience of the aging process and 2) explores the link between chronic inflammation and the increasing incidence of age-related chronic diseases.
- Explain the impact popular culture has had on three aspects of health care: fertility (e.g., sexual behavior, contraception), drugs (opioids and other psychotropics) and music (does it lead or follow societal shifts in behavioral norms?).

DISCLOSURE OF CONFLICTS OF INTEREST

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